

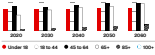
# Health care and the older American

Today, 58 million people are 65+ — and another 65 million are between 50 and 64. What will they need from providers in the years to come?

More people than ever are in the **65+ age group.**



Population by age group: Projections 2020 to 2060

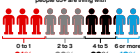


By 2030, more than 1 in 5 people will be over 65. By 2060, the population over 85 will almost triple. In the next 40 years, 500,000+ people will turn 100.<sup>1</sup>

So what does this mean for health care?

Many people in this group are managing chronic conditions ...<sup>2</sup>

Number of chronic conditions that people 65+ are living with



... and people 65+ may require help with their physical limitations, including:<sup>3</sup>



When they seek health care, older Americans have more confidence in their providers than other groups.<sup>4</sup>



Percent who trust their primary care provider

Percent who trust their pharmacist



And on average, they see their providers more.

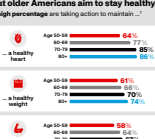


Currently, about **1 in 4 doctor visits** are with people over 65.<sup>5</sup>

Hospital stays by people 65+ are **twice as likely** compared to people 45 to 64.<sup>6</sup>



But older Americans aim to stay healthy. A high percentage are taking action to maintain ...<sup>7</sup>



And they want to stay at home — even when they need care.



**4 in 5** would prefer to get treatments at home instead of a health care facility.<sup>8</sup>

About half say they would be healthier with more care at home.<sup>9</sup>



The need for home health aides will grow **25%** between 2021 and 2031.<sup>10</sup>



But while there is work to be done, there is much to celebrate about an aging America — and about growing older.

People who think aging lets them focus on what makes them happy<sup>11</sup>



People who think they have a high quality of life<sup>12</sup>



For more information, read our Health Trends Report: [cvshealth.com/health-trends/health-trends-report](https://www.cvshealth.com/health-trends/health-trends-report)

**Sources:**  
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